

THE OF ESCAPE GOAT

ESCAPE GOAT is the seven-hundredth album from a group of space lobsters referred to in this realm of existence as **THE OF**.

OK, we aren't really space lobsters, but we may as well be. Foil clad colander wearing toilet busting barbecue banging lunatics are so often misunderstood.

I couldn't help but notice that the last CD we released (*Oh, It's the OF*, Green Monkey Records) got a lot of reviews that essentially regurgitated what we had written on our one sheet, which, let's face it, was a banal and tedious plea for help. The one sheet, I mean. If you are thinking of blindly parroting this document and saying how wonderful the OF are, be forewarned that although we are not composed of intergalactic neutronium chitin, we know people who are, and you'll be sorry when their pinchers close around your pineal gland. If you are considering whether or not to help us market or distribute this release, or write a review, by all means please do, but remember that you are being closely scrutinized by billions of quantum time-eyes.

I will leave it to you to decide what you think about the music. Listen and find out!

John Carey, Roslyn, Washington 2015

Press Quotes About their First Album That Annoyed John:

"It's not often that a CD begins with a spoken introduction, but when the first song revolves around a hermit crab and some seagulls fighting over a french fry, it's nice to have a little help. Using standard rock instrumentation plus cello, mandolin, and triangle in unusual ways, the self-named "foil-rock" quintet creates music as eclectic as its members' onstage attire: tinfoil togas and colanders as hats. [AZARIA PODPLESKY/Seattle Weekly](#)

"Part Residents, part Mothers/Zappa/Beefheart and a whole lotta shaking, belching, vomiting, moaning and groaning amidst some damn bitchin' guitar wailing and crazed B-52's-like tomfoolery add up to a party atmosphere that we can all use right about now." [Jeff Penczak/Terrascope](#)

"The Of is a great independent rock pop quintet who is not afraid to tackle the "fear of the unknown" with dark and obnoxious melodies that cover many different genres of music. The quintet's latest CD "Oh It's the OF" is a haunting, but whimsical journey through humanity's wild imagination."

Leslie Snyder/[Elephant Talk Indie](#)

Vital Information

- Available on CD and download from Green Monkey and fine stores.
- Video for "Damn Dirty Hippy" coming down soon!
- Check for Live performances: <https://www.facebook.com/pages/The-OF/113331488684217> or here: <http://wearetheof.com/>
- EPK: <https://www.presskit.to/theofescapegoat>
- GMR links: GreenMonkeyRecords.com; youtube.com/GreenMonkeyRecords.

Distribution:



burnside distribution corporation



TRACK LISTING:

1. **IT'S A NEW WORLD**
2. **DAMN DIRTY HIPPIY**
3. **ESCAPE GOAT**
4. **BOTTOM FEEDER**
5. **DOUBLE SHIFT**
6. **CAT SQUEEZER BLUES**
7. **REFRIGERATION LEAK ON A STORMY NOVEMBER EVENING WITH CRANBERRY ARTERIOSCLEROSIS**
8. **WEEZILS**

JOHN CAREY: Guitar, Keyboard, Digitalfx, Compositions

PATRICK NEVIN: Yowling Hippy

IAN GRAY: Bass Guitar, Banjo, Mandolin

MIKE BROWN: Guitar

TRAVIS YOST: Drums

JANSEN DUSTIN: Woodwinds

JIM MORGAN:

Studio Mayhem Percussion

Release Date	5/19/15
Format	CD
Wholesale Price CD	\$7.75
Catalog Number	GM1029
Suggested List	\$10.99
File Under:	Rock/Pop



7 18483-1029-2 9
UPC # 7-18483-1029-2-9



GREEN MONKEY RECORDS

Underground Seattle Rock 1980 - 2021

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